

ELECTRONIC PRESS KIT (EPK)

LOST IN SYMMETRY

1. Short biography / pitch (quick read)

Founded in 2024, the band Lost In Symmetry is associated with an explosive mix of modern metal and synthesizer effects. The five Cologne natives combine energetic, English-language songs with melodies that stay in the ear.

Already in the first live year 2026, Lost In Symmetry were a complete success. The band secured the undisputed 1st place at the SPH Music Masters both in the preliminary round and in the Cologne city final!

With riffs that stick and a powerful studio in-house production behind them, Lost In Symmetry are ready to create a really good atmosphere on the club and festival stages of the country.

With their singles released in 2026, the eagerly awaited debut album is now on the agenda.

Links:



Website: www.lostinsymmetry.de



Spotify: www.spotify.com/lostinsymmetry



Instagram: www.instagram.com/lostinsymmetryband



TikTok: <https://www.tiktok.com/@lostinsymmetryband>



Facebook: <https://www.facebook.com/lostinsymmetryband>



YouTube: <https://www.youtube.com/@lostinsymmetryband>



Backstage-PRO: <https://www.backstagepro.de/lostinsymmetry>

2. Detailed biography (for music journalists & reviews)

The foundation (2024):

The story of Lost In Symmetry begins in January 2024 in a small rehearsal room in Cologne. After an intensive phase of discovery in 2025, Lost In Symmetry has found itself as a permanent formation. Driven by the vision of redefining the boundaries of modern metal, a formation of experienced musicians and passionate talents came together. From day one, the focus was on joint songwriting and the perfected elaboration of an unmistakable sound. The band spent the early days focused in the studio and rehearsal room to cast a brute and at the same time highly melodic foundation.

The Sound & the Influences:

Musically, Lost In Symmetry move in the field of tension of modern metal. The sound is characterized by opposites: melody and chaos, atmosphere and heaviness, rupture and new beginnings. The foundation is formed by low-tuned guitar riffs of the rhythm section, which bring the necessary groove and pressure for every single song. In contrast to this are the emotional clean vocals, enriched by precisely placed screams/shouts and rap parts. They are accompanied by varied melodies of the lead guitar, which at the same time add the necessary surprise effect to every song.

Enriched by atmospheric synth elements and cinematic soundscapes, a modern, powerful sound is created that *immediately picks up* fans of bands like Architects, Any Given Day, Bring Me The Horizon, Enemy Inside, Fit For A King or From Ashes To New.

Lost In Symmetry plays music that sticks and brings an ideal balance between high energy and groove.

The stage debut (2026):

The year 2026 marked the long-awaited step from the rehearsal room to the live stage for the five musicians from Cologne - and this step turned into a triumphal procession. At their first participation in the SPH Music Masters (<https://www.sph-music-masters.de/>), the jury and audience unanimously voted LOST IN SYMMETRY 1st place in both the preliminary round and the Cologne city final. This success has impressively shown that Lost In Symmetry can master live performances and sweep the audience away.

Current projects:

Debut album:

Lost In Symmetry are currently working on their debut album, which will include their songs from the previous live sets as well as other new tracks.

Live shows:

The next live shows in the region in and around Cologne are already in elaborate planning. Participation in [the regional final of the SPH Music Masters](#) in October 2026 in Cologne has been confirmed.

Music & Current Releases (direct links to listen to)

Scream Inside (Single)	Spotify:	Link
	Apple Music:	Link
	Sound Cloud:	Link
	Download link for sampling (WAV 320kbps incl. metadata via drop-box.com)	Link
Focus On Nothing (Single)	Spotify:	Link
	Apple Music:	Link
	Sound Cloud:	Link
	Download link for sampling (WAV 320kbps incl. metadata via lostinsymmetry.de)	Link
Thoughts And Stones (Single)	Spotify:	Link
	Apple Music:	Link
	Sound Cloud:	Link
	Download link for sampling (WAV 320kbps incl. metadata via lostinsymmetry.de)	Link

Images & press releases (download for media & bookers)

Link to the press download folder (Dropbox): [LINK](#)

Contents of the download folder:

- high-resolution band photos (landscape and portrait format, with photographer credit: Simon Rönchen)
- Band logo (as a transparent PNG file in black and white)
- This EPK file as PDF
- Press release as a separate .txt/.docx file for easy copy-paste

Videos (music videos & live impressions)

Live impressions at: www.instagram.com/lostinsymmetryband

6. Press Reviews, Reviews & Quotes

The first WhatsApp feedbacks after the first show:

Habs mittlerweile auch geschafft bei euch
reinzuhören und das ist schon nice 🙏 [redacted]

(A follower)

zu organisieren mit ein paar Bands und ner
vollen Hütte...glaub mir sobald das bisschen
Hand annimmt vergesse ich euch nicht weil
ihr offensichtlich mehr als geeignet seid den
Abend extrem zu bereichern. [redacted]

(An organizer)

Absolut großartige Produktion und vor allem
absolut geile Tracks von euch 🙌🙌🙌 bin
begeistert und freue mich auf das Konzert
am 2.4.

Werde versuchen so viel wie möglich an
Support zu bieten...Junge was für ein Brett an
Sound deine Gitarre hat...lecker...sehr sehr
lecker 🙌 macht weiter so und ich freue mich
euch vielleicht mit bei meinem Tagesfestival
dabei zu haben im Herbst.. [redacted]

[redacted] beste Grüße und nochmals dicken
Daumen hoch für eurer Projekt 🙌 [redacted]

(An organizer)

Highlights & Milestones

- April 2026: Live debut at the SPH Music Masters (preliminary round) in front of 150 spectators – 1st place
- May 2026: Performance at the SPH Music Masters (city final) in front of 200 spectators – 1st place

- October 2026: Performance at the SPH Music Masters (regional final)

Tech Rider & Live Information

Line-Up: 2x guitar and at the same time background vocals, 1x bass, 1x main vocals

Tech-Rider: [Download here \(PDF\)](#); available at any time at www.lostinsymmetry.de/kontakt

Origin / Hometown: Cologne, Germany

GEMA: Not a member yet

Contact & Social Media

Area	Contact Details / Links
General contact / band:	Ramon Burghoff/Michael Klinke E-mail: info@lostinsymmetry.de
Social Media Links:	Instagram: www.instagram.com/lostinsymmetryband TikTok: www.tiktok.com/@lostinsymmetryband Facebook: https://www.facebook.com/lostinsymmetryband YouTube: https://www.youtube.com/@lostinsymmetryband